



Women's Power Circles™ Workshops in London

Women are waking up and realising that they have lost their Red Tent – a sacred female space in which to gather each month and talk, share wisdom, tell stories, and pass on their female legacy.

Women's Power Circles™ are a modern-day Red Tent.

If you are hungry for empowering female company then these workshops are for you. Come and experience the powerful sense of entitlement that is unleashed when women gather with the aim of empowering themselves and each other to "go for it".

Women's Power Circles Workshops are facilitated by Rosjke Hasseldine MSc (Indiana) MNZAC MBACP (Accredited), Founder of Women's Power Circles Ltd, author of "The Silent Female Scream", and an accredited psychotherapist and relationship consultant specialising in women and the mother-daughter relationship. She has been featured in many women's magazines including *Psychologies* and is a regular on BBC Radio Nottingham.

Saturday 27 February 2010: How to create a life that nurtures you

- ★ Raise your self-esteem, assertiveness and sense of entitlement
- ★ Become more visible to yourself, at work and in your relationships

Saturday 17 April 2010: How to live life on your terms

- ★ Learn how to "live life on your terms" without guilt or fear
- ★ Explore inherited and current beliefs that silence girls and women

Saturday 12 June 2010: How to feel confident about money

- ★ Learn to speak what you need, feel, think and desire
- ★ Explore beliefs around feeling entitled to be paid for your time and skills

10.30am – 4.30pm

Each Workshop is strictly limited to 25 women

Cost: £75 or £65 if you book two or more workshops

Venue: St James Church, 197 Piccadilly, London W1J 9LL

Registration Form: ☎ 07975921232 ✉ mail@womenspowercircles.com

Terms and Conditions: No refund will be given for cancellations. Replacement delegate will be accepted.

www.womenspowercircles.com

Women's Power Circles™ Workshops in London Registration Form

Tick (✓) which workshop(s) you are attending

- Saturday 27 February 2010: How to create a life that nurtures you
- Saturday 17 April 2010: How to live life on your terms
- Saturday 12 June 2010: How to feel confident about money

1 Workshop @ £75 Subtotal: _____

2 or more Workshops @ £65 each Subtotal: _____

Signed copy of "The Silent Female Scream"
by Rosjke Hasseldine @ £6 (normally retails at £8.99)
Copies will be handed out on the day. Subtotal: _____

Total: _____

Name: _____

Address: _____

Postcode: _____

Telephone: _____ Mobile: _____

Email Address: _____

- Please add me to Rosjke Hasseldine's FREE newsletter that keeps me informed about Women's Issues and Events

Please make cheque out to Women's Power Circles Ltd and send it along with your registration form to:

**Women's Power Circles Days in London
8 Church View, Clapham, Bedford MK41 6ES, UK**

How did you hear about the workshops? _____

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Any questions: ☎ 07975921232

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